

Individual Paper Form for (Exhibition of Creative Work (Arts))

Title of Creative Art Disseminating: Human - Natural – The Healing of Life



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Abstract

“Therapy” is to heal the body and mind that caused by the environment problems, living habits that affecting the health. The therapy is necessary to heal the patients to be able to live normally. In my creations which I have intended to establish aesthetic that reflects the nature borrowing to use in body therapy. By expression through physical body that looks perfect and healthy, but on the contrary, the hidden suffering caused by the diseases that gradually health deteriorated. Those pain and torment collaborate with the power of nature growing in our fragile or weak bodies which need care and therapy for balance life.

Keywords : Aromatherapy, reality in arts, Aesthetic, Digital print, Collagraph, Balance.

Background

Human physical illnesses caused by various problems that impact on the body and mind which is connected together under the scope what is called "the structure of the life." People health's nowadays are weakening, according to the environment and have accumulated until by results in various formats such as stress, health problems, illness, which are the source of the disease. This is raising awareness of people, then their live style have changed from the past, filled with paranoid, anxiety and need something to defend themselves from the existing environment as to rehabilitate their physical through a variety of tools, and appropriate to the person.

The relationship between human and nature occurred from the past as human use the nature to prolong the health and make a strong body by trying to remain the structure of life, to create of the complete life with modern medical technology, human learned to transform the natural product to use as medicines according to the benefits and medicinal properties. We recognize the use of natural herbal in treatment. More than a thousand years ago, that Indian people in Mexico uses cactus as antibiotic and healing of wounds, which currently it is found that cactus is a tranquillizer. From the text above, it suggests that the relationship between man and nature still be important for human being which does not change.

Problem Statement/ Statement Significance

Illness from my Herniated Nucleus Pulposus, causes of suffering of my everyday life. From a physical disorder to anxiety formation and accumulate, then depress me and my way of life. Although the illness can be cured, but when we encounter the same environment and living habits, the moment of suffering, will come back to me again.

Objective / Aim

I create art works intend to express aesthetic that reflect the illness through a rough surface that expresses the complications of Collagraph technique over the human body, by recording by using the photographs merged with treatment properties vegetation of the body as Orchid Lily, expressed by Digital Print technique in the form of integrated and unified under the same concept of " Nature Treatment ",to present the state of the body which is in charge of the nature in treatment, in the manner of healing and increase the awareness of the aesthetic with the aromatherapy smell of that plant properties, As to expand the scope of expression and perception in visual art.

Methodology

The creation can be divided into 2 phases as follows:

1. Data gathering
 - 1.1 Taking the photograph of myself body to show off the physical reality through the arts.
 - 1.2 Taking the photograph a vegetation and herb as Orchid Lily at Air Orchids & Lab.

1.3 Studying information relating to the herbs that can relieve Herniated Nucleus Pulposus and other relevant herbs from Museum of Natural Medicine, Chulalongkorn University.

2. Art work creating

2.1 The creation of Digital Printing techniques by reducing my physical body merged with the shape of natural different types of plants with therapeutic properties, expressed in the manner of merging and remedies.

2.2 The creation of Collagraph techniques onto rough surface that expresses the complications of illness through the trench prints techniques.

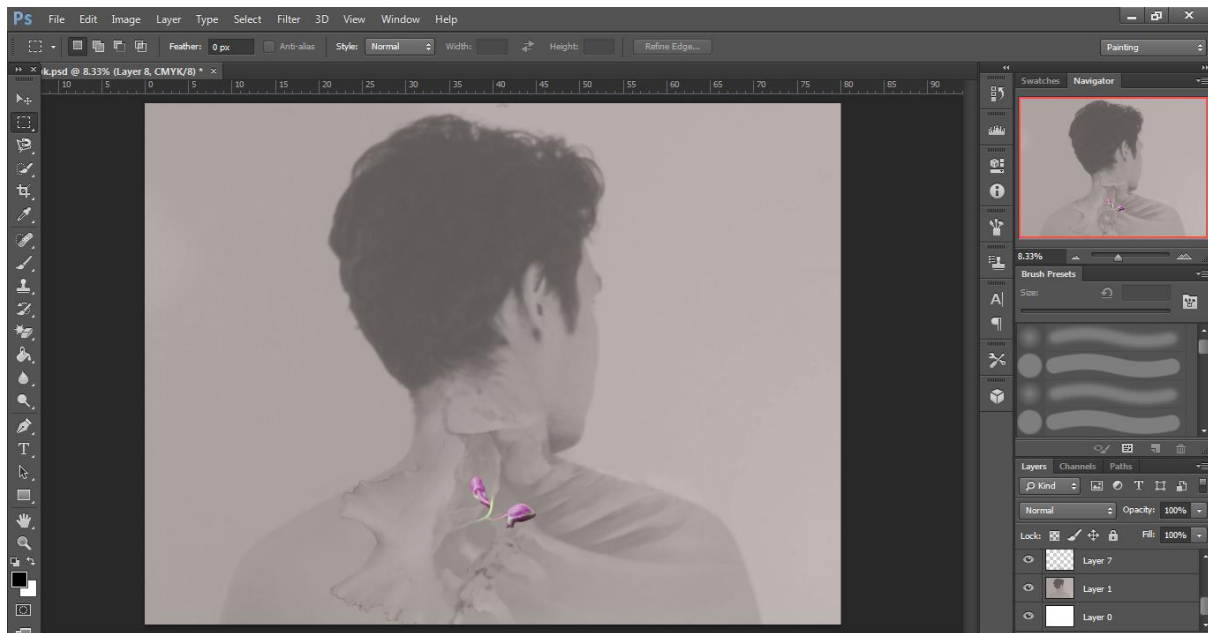
2.3 Storing celery essential oil in acrylic rectangular box with the drilled hole to let the audients participate the works by inhalation the celery smell, to get treatment from nature.



Picture 1: Museum Of Natural Medicines, Chulalongkorn University.



Picture 2: The photograph a vegetation herb and as Orchid Lily.



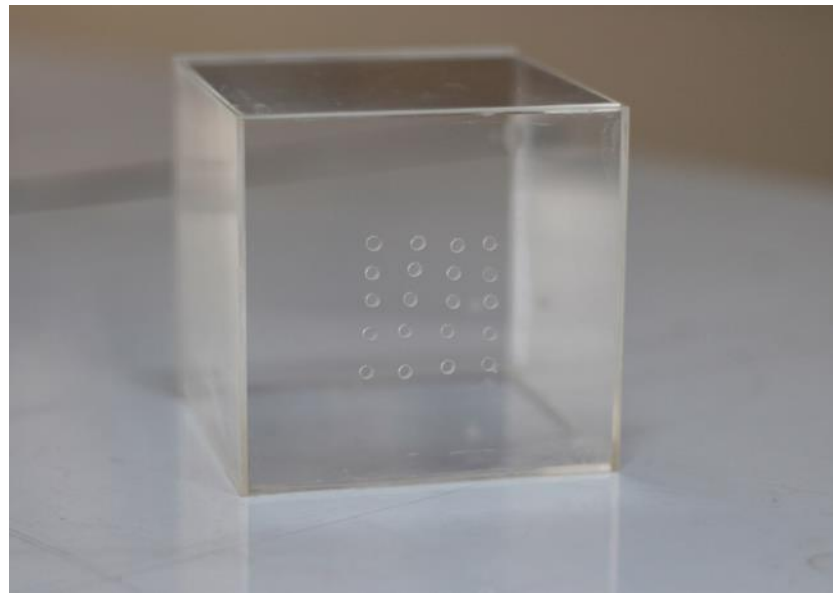
Picture 3: Create a sketch with the program Adobe Photoshop.



Picture 4: Digital Printing with HP DesignJet Z3200 Photo.



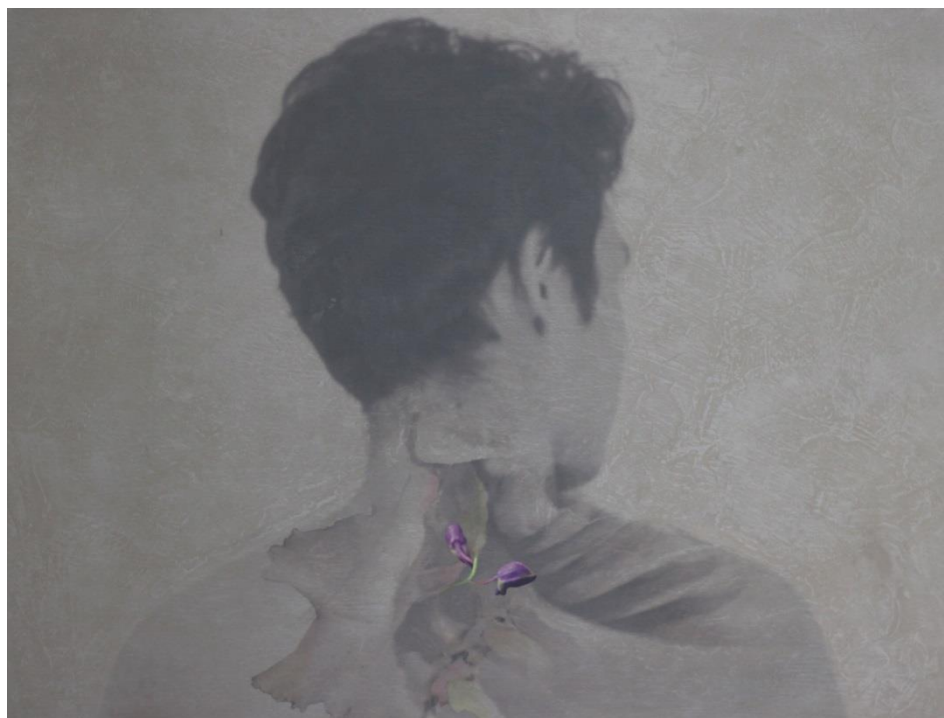
Picture 5: Intaglio printing process.



Picture 6: Acrylic rectangular box



Picture 7: Celery essential oil.



Picture 8: Complete work

Title: Human - Natural – The Healing of Life 1

Technique: Collagraph & Digital Print

Size: 52 x 70 cm

Year: 2018

Conclusion and Significance

The creative work can achieve the objectives, which included the concept, content, form and techniques inspired by the Herniated Nucleus Pulposus symptom which makes me to find a way to cope with the pressure. Thus, I had got the idea of borrowing the power of the nature to use, through the aesthetic expression with visual art language with hidden balance, to show the state of being in Nature Treatment. I hope that the audiences will perceive the aesthetic of beauty including recognize the benefits and value of nature.

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